How can you help?

Make a donation today

- Single donation: no matter how small, your donation will make a difference.
- Regular giving: you can choose how much and how often you want to give.
- Paying tribute to the life of a much loved relative or friend: by making a donation to us instead of, or as well as, flowers at a funeral.
- Leaving a legacy in your Will is a simple and straightforward process.

Remember that by adding Gift Aid to your donation, we are able to reclaim an extra 28p for every £1 you donate.

You can make a donation online by visiting our website **www.ageukcambridgeshire.org.uk** or alternatively you can call us on **01354 696 650.**

Fundraising

Why not organise your own event or take part in one of ours?

Arrange a sponsored challenge event, pub quiz or auction.

Find something that suits you, have fun, meet new people and raise much needed funds for Age UK Cambridgeshire.

Contact us

Please call **01354 696 650** for more information about how you can support our work or email **office@ageukcambridgeshire.org.uk**

If you choose to help us, either through donation, legacy, Gift Aid or sponsored fundraising you can be assured that your participation will be valued and appreciated.



The Safer Homes Scheme is funded by the following organisations:

Cambridgeshire Community Services NHS









Registered charity number 1107589.

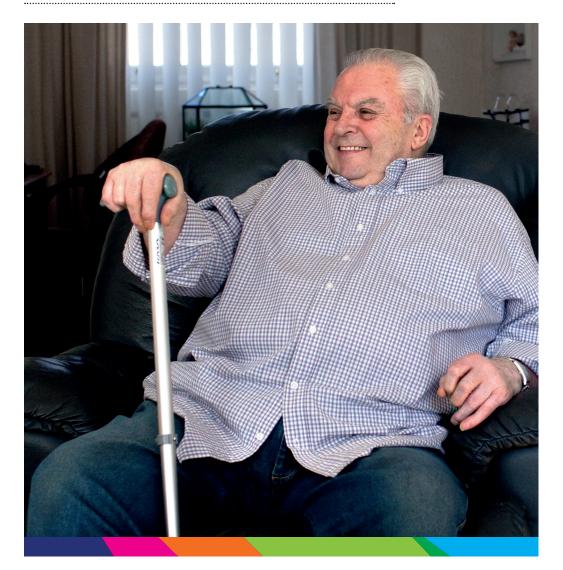






Safer Homes Scheme

Managed and delivered by Age UK Cambridgeshire



ID111350 Cambridgeshire Safer Homes Scheme 4ppA5 indd 4-1

Reduce the potential for accidents and make your home a safer place

What is the scheme?

The scheme is for people aged 60 or over and is aimed at the prevention of falls and accidents in the home. There is no need for a professional referral - just pick up the phone and have a chat with a member of our team.

What happens next?

We will visit you at home and recommend improvements to aid mobility such as a second banister, grab rails in the bathroom and other potential hazardous areas.

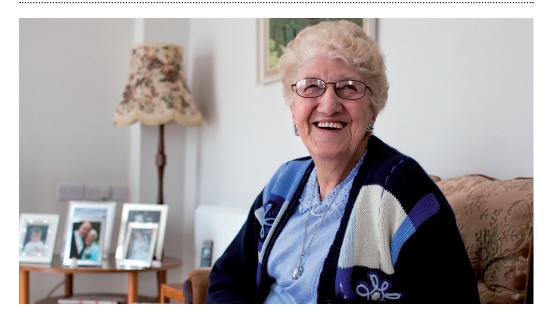
We will supply you with relevant and useful information e.g. on transport, hot meals services, Day Centres or any current strategies and initiatives e.g. Energy Grants.

We can also answer any questions you may have by referring you to experts in social benefits or anything else you may need. We cannot, however, offer legal advice of any kind, nor enter into any negotiations on your behalf.

What are the examples of the jobs you can help with?

Jobs we can help you with are:

- Fitting light bulbs
- Putting up curtain rails
- Installing grab rails
- Installing second banister rails
- Securing mats/carpets/ floor coverings
- Making safe trailing wires
- Extending telephone sockets
- Replacing tap washers
- Clearing gutters on bungalows when a slip hazard is involved
- Referring onwards for more specialist help and services.



Through contact with other organisations we can also help with the:

- Installation of smoke alarms and window locks
- Door security chains
- Spy holes (in doors)
- Upgrading locks

There is no charge for our service and, where we can't help, a team of people are on hand to assist you to get what you need for your total well-being.

For further information, or to make a referral:

01480 700 205

for Cambridge, South Cambridgeshire and Huntingdonshire

07827 586 794

for Cambridge and South Cambridgeshire

